



TEST YOUR **STROKE** KNOWLEDGE

Every 40 seconds, someone in the U.S. has a stroke.

Quick and appropriate care can be the difference between life and death.

1. Stroke is the ____ leading cause of death in the U.S. and the leading cause of adult disability.
 - a. 3rd
 - b. 5th
 - c. 1st
 - d. 2nd

2. There are nearly _____ strokes in America each year.
 - a. 1 million
 - b. 5,000
 - c. 70,000
 - d. 800,000

3. Nearly ____ million brain cells die every minute a stroke goes untreated.
 - a. 1
 - b. 2
 - c. 3
 - d. 4

4. Signs of stroke include:
 - a. Loss of balance
 - b. Loss of or blurry eyesight
 - c. Facial drooping
 - d. Arm weakness
 - e. Speech difficulty
 - f. All of the above

SCORE



HOW DID YOU DO?

If you see or feel something that's not normal ... it's not nothing.

EVEN ONE STROKE SYMPTOM IS ENOUGH REASON TO CALL 911.

KNOW THE STROKE SYMPTOMS AND BE FAST



BALANCE	EYES	FACE	ARM	SPEECH	TIME
Loss of Balance	Loss of or Blurry Eyesight	Facial Drooping	Arm Weakness	Speech Difficulty	Time to Call 911

SOURCES:

¹ Tsao, C. W., Aday, A. W., Almarzooq, Z. I., Beaton, A. Z., Bittencourt, M. S., Boehme, A. K., et al. (2023). Heart Disease and Stroke Statistics—2023 Update: A Report From the American Heart Association. *Circulation*, 147, e93–e621.

² American Heart Association/American Stroke Association. (2018). More Stroke Patients May Receive Crucial Treatments Under New Guideline. <https://newsroom.heart.org/news/more-stroke-patients-may-receive-crucial-treatments-under-new-guideline>