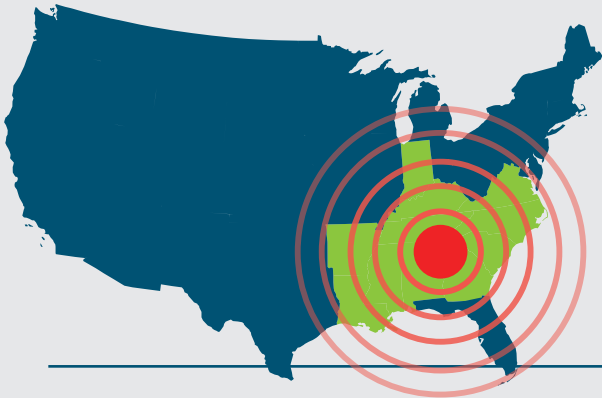


BE FAST: STROKE AND THE SOUTHEAST REGION



2X Those born in Southeastern states are **twice as likely** to have a stroke than those born in other regions of the U.S.



HIGHER RISK

The **Stroke Belt** is composed of Alabama, Arkansas, Georgia, Indiana, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, and Virginia.

KNOW THE STROKE SYMPTOMS AND BE FAST



BALANCE
LOSS OF BALANCE

EYES
LOSS OF OR BLURRY VISION

FACE
FACIAL DROOPING

ARM
ARM WEAKNESS

SPEECH
SPEECH DIFFICULTY

TIME
TIME TO CALL 911

CALL 911 IMMEDIATELY

SOURCE: Glymour, M. M., Kosheleva, A., & Boden-Albala, B. (2009). Birth and adult residence in the Stroke Belt independently predict stroke mortality. *Neurology*, 73, 1858–65.

GET AHEAD OF
STROKE
Arrive. Survive. Thrive.®